

École KLO Middle School
DISCOVERY DAYS – Semester 1 Request Booklet
Nov 5 – Jan 21

Please note the following:

- This year, Discovery Days are semester-based and there will be two, 10-session rounds
 - Semester 1: Nov 5 – Jan 21 and Semester 2: April 15 – June 17
- Not all Single-block Discovery programs occur in both “D” blocks of the morning, so options may be limited depending on scheduling.
- Students will choose five courses from the list. Do not choose the same course more than once. This will not help your chances of getting into the course.
- There will be **no switching D Blocks** unless for medical reasons.

If assistance is required in the payment of any fees listed below, please contact the KLO administration to discuss supportive options.

DD requests will open for students on Tuesday, October 13th and close on Friday, October 16th.

SINGLE BLOCK COURSES

3D Design & Printing, Sculpting & Clay Animation: \$7.50 supply fee – Lockwood / Wells / Cavers

Each week you can choose between Clay Animation or 3D Printing and Design. Let's create and pose characters in clay, then animate them in short videos! We'll learn sculpting and modeling, animation basics, stop-motion with digital tools, and some basic principles of keyframe-“tween” animation sequences. If you like Chicken Run, Wallace & Gromit, or The Nightmare Before Christmas, this class is for you! In the print lab, you can 3D print anything by combining simple 3D shapes. Explore 3D modeling software to make your own designs, then print them using enviro-friendly plastic filament. Choose from unlimited ideas: toys, gifts, ornaments, replacement parts, and even furniture! It's much easier than you think.

American Sign Language - Introduction and Basics – Gingera

Students will learn the basics of American Sign Language (ASL) through a series of online videos and discover more about the Deaf and hard of hearing community. Students will practice everyday signs, greetings, fingerspelling, and simple conversations while learning about Deaf culture, communication, and the importance of inclusion and accessibility. This is a fun, hands-on class for students who are interested in learning a new language and gaining a better understanding of the Deaf and hard of hearing community.

Anime Adventures – Vidal

Anime Adventures is for students who enjoy anime and manga. Students will have opportunities to read manga, watch age-appropriate anime rated up to and including PG-13, draw and create their own anime-inspired characters, and explore the stories, themes, and culture behind popular series. The class is designed to be a place where students can share their interests, be creative, and connect with others who enjoy anime.

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Archery – Enevoldson / Lum

Take aim, have fun, and build your skills! Learn archery, improve your accuracy, and challenge yourself in a safe, supportive environment. Students will learn the basics of the NASP (National Archery in the Schools Program), including proper equipment use, range safety, and accuracy techniques—all while building confidence and having fun! All range instructions are completed by a certified NASP Basic Archery Instructor.

Art Mixed Media Exploration: \$25 – Bishop / Teichman

Love being creative and making things? This club is for you! Join a fun-filled art club where you can indulge in creativity and play with your friends. In this club you will learn numerous collaging techniques as well as hand-built pottery out of clay while working with various tools to create beautiful handmade treasures to take home. We will be sharing creative ideas and inspiring each other through creativity. You will get to take home a series of small clay sculptures as well as collage masterpieces and so much more. Display or give away as gifts. Come join us in this mixed media exploration!

Board Games with Buddies & Card Games Galore! – Landry

Come play a variety of board games with your friends! Classic games (Monopoly, Clue, Life and RummiCube) are provided or you can bring your own favourites to play. Make your own groups or join in with others. Cribbage, Crazy Eights, Rummy, Go Fish, Spoons, Uno of all sorts - oh my! Enjoy some fun card games - old favourites or learn new ones! Instructions are provided so you can expand your repertoire. Learn the different thinking and strategizing skills to complete the mission, win the round, or show off your skills!

Club de Lecture en Français & Jeux de Société – Gagne

Joignez-vous à notre club de lecture en français, un espace accueillant pour tous les élèves—que la lecture soit difficile ou facile pour vous. Ensemble, nous travaillerons des stratégies de lecture, la capacité à faire des inférences, et la confiance en lecture en français. Notre objectif est de renforcer nos compétences et de découvrir le plaisir de lire dans une deuxième langue. Beaucoup d'élèves aiment déjà lire en anglais; cultivons ce même enthousiasme en français! Cette activité est uniquement pour les élèves qui veulent lire en français.

ET...

Aimes-tu les jeux de société? Es-tu prêt(e) à essayer ou es-tu capable de parler français pendant deux heures tout en t'amusant? Aimes-tu le chocolat chaud et les biscuits? Choisis cette excellente activité et développe tes compétences orales en français! Quelques jeux avec tout le groupe et d'autres en petits groupes. Loup garou, C'est pas faux!, Mots pour mots, BlaBlaBla, et le Rien du tout. Es-tu game?? Ici, on ne parle qu'en Français!

ON FERA LES DEUX ATELIERS!

Competitive Games – Jackman / Richardson

This high-energy discovery day will give students the chance to build their skills, try activities they may not have experienced before, and compete in a fun and supportive environment.

For the first 5 weeks, we will take advantage of the warmer weather with a variety of team-based

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physical activities on the school field. Students will compete in modified and non-traditional versions of sports designed to give everyone a chance to compete, develop new skills, and experience something new. For example, participants could expect to play a modified version of soccer that features adapted rules and objectives.

For the final 5 weeks, we will head indoors and put your competitive skills to the test with a variety of social tabletop games, including card games, board games, role-playing games, and social deduction games. For example, participants could expect to play games like Werewolf, Mafia, and The Resistance. Each week will bring new challenges, friendly rivalries, and opportunities to compete for weekly bragging rights!

Come ready to play, compete, try something new, and have fun!

Crochet, Knitting, & Embroidery Crafts – Wells / Lockwood / Cavers

Make friendship bracelets, toy or keychain versions of your favorite animals, characters, or Pokémon! Learn embroidery, knitting, or seasonal crafts. Fibre arts is a great hobby for people who love cute things and easy gifts, or anyone who likes to work with their hands. These hobbies can be life-changing for people who need a quiet fidget in their hands while they listen. This is a choice-based class where you can move between different projects at your own pace.

Game Show Challenges – Racine

Ever seen a game show and thought, "I could win this, no problem"? Now's your chance to prove it! Join Game Show host Mr. Racine as he guides you through popular game shows such as Family Feud, Wheel of Fortune, Jeopardy, Deal or No Deal, and many more. Each week, you will take on the challenge of a new game show featuring a variety of trivia and skills. Come see if you have what it takes! Prizes will be awarded each class!

It's a Small World: Exploring the World Through The Window of Disney – Moloney / Hope

Step into a global whirlwind of culture and imagination with our brand-new "It's a Small World" world showcase: an immersive, pavilion style journey designed to ignite global empathy and artistic expression. Using the vibrant storytelling of familiar stories/films as a captivating gateway, students will carry custom physical 'passports' to journey through real-world pavilions and rich human traditions, from the deep family bonds of Colombia (Encanto) to the world of 'Ohana in Hawaii (Lilo & Stitch), where family (and space aliens), stick together no matter what.

Each week, students will rotate through interactive festival tables featuring both quick-paced collaboration games and quieter, mindful art projects that lead them to an authentic understanding of our beautifully diverse world. Students will not be watching Disney films but rather exploring the world, culture, and geography through well known film concepts.

Jazz Music appreciation: \$20 artist fee - deBourcier

This music appreciation class involves listening to different jazz styles and participating in activities that create a deeper understanding of a musician's experience. Professional performers will be invited to provide a short live experience.

Note: experience is not required. Just bring an open heart and a willingness to try new things!

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Learn a Brass instrument - deBourcier

Students interested in learning to play a brass instrument (Trumpet, French-Horn, Trombone or Tuba) at an introductory level can come and participate in a beginner music club. This is ideal for students who have never played an instrument but have been curious and want to try it out! Instrument choices may be limited, but these skills can easily transfer! NO experience required!

Line Dancing: Step In, Dance Out! - Gagne

Get ready to move to the music in this fun and energizing introduction to line dancing—no experience needed! Whether you're brand new or already know a few moves, this session is for everyone. You'll learn a variety of popular line dances set to a mix of country, pop, and classic hits. We'll show you the basic steps and rhythms, and you'll have lots of chances to practice and build your confidence as you go. Line dancing is a great way to stay active, improve coordination, and just have fun with friends in a relaxed, upbeat setting. No partner required—just bring your energy and a willingness to try something new!

Materials Needed: Comfortable clothes and shoes you can dance in.

Mindful Art – Daponte

MINDFUL ART MANDALAS, ZENTANGLES & MORE!: Do you love doodling and doing art? Are you also looking for a way to calm your busy mind and be more mindful, "present", or in the moment? Look no further! This Mindful Art class is for you! We will begin by defining mindfulness, exploring techniques to be more mindful every day, and how art helps us be more present. We will dive into our own mindful art practice creating Mandalas, Zentangles, and more!

Wood Carving: \$15 supply fee - Martinson

Do you love woodworking but do not have access to power tools? Want a fun hobby to do wherever you are? Same and same. This is the place where you can discover different types of wood carving that can be done anywhere with limited tools! Using some patience, a vision and an eye for detail, we will design and create wooden wonders through whittling and chip carving. There is a \$15 fee for this course to cover materials.

FULL MORNING COURSES:

Cheer On with Kelowna Cheer: \$130 bussing/facility & coaching fee – Dodgson

Interested in Cheer!? Or are you already an athlete wanting to improve your skills? Come join us for stunting, tumbling, jumps and choreography at Kelowna Cheer Athletics! Two spring floors, a 30-foot trampoline, and all the tumbling equipment you need to learn some exciting new skills!

Open to all levels of experience. Coached by certified Cheer Coaching Staff. Guaranteed fun, excitement and personal growth!

Cheer is more than a sport—it is an opportunity for students to build confidence, connect with others, and learn new skills in a safe, inclusive space!

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Dungeons & Dragons – Alston / Nemet

Come learn and play Dungeons and Dragons! All experience levels wanted! We will be playing the game, learning how to make characters, as well as learning to lead an adventure as a Game Master (GM). In this class we will be using the original 5th Edition Rules, and all students will be able to practice and improve their leadership, improvisational skills, critical thinking, problem solving, creative writing and character creation. Dungeons and Dragons also provides a fun way to practice reading and basic math. Come play with us and enjoy improving your teamwork and imagination in an original world we build together! All three terms develop literacy and basic numeracy, with a focus on different in game skills over the year. Round 1: Learning the game & building characters, as well as creating, running, and playing one-Shots (Short Games), Round 2: Creating, Running, and Playing Campaigns (Long Games)

Exploring Food Culture: \$15 supply fee – Hinter / Nottingham

Are you a passionate chef and like trying new foods? We'll explore different cultures through food by learning about different countries, trying traditional recipes, and making the food ourselves. Each session will be a chance to cook, taste, and learn something new.

Indoor Rock Climbing: \$120 bussing/facility fee – Scorgie / Moisan / Bonnette

Ready to challenge yourself? Gneiss Indoor Rock-Climbing Gym offers a fun mix of physical and mental challenges. You'll build strength, flexibility, endurance, and problem-solving skills while learning new climbing techniques and pushing your limits. Whether you are brand new to climbing or already experienced, there's something for everyone!

This DD will be split into three groups. Each group will visit the climbing gym seven times and spend the other three sessions at KLO.

At KLO, we'll:

- Watch climbing documentaries
- Learn rope skills and safety
- Build our strength and climbing abilities
- Try other climbing-related activities

At the gym, we climb! 

This isn't a drop-in or hangout opportunity. You'll be expected to actively participate, challenge yourself, and make the most of our time at the gym. There will definitely be time to socialize, but climbing, learning, and improving your skills are the main goals.

Families are welcome to reach out to admin if they need support with program costs.

Indoor Soccer: \$100 bussing/facility fee – Bennett / Caponero

This program is intended for students who already have soccer experience and are passionate about improving their game. Participants will train with peers who share a strong soccer background and commitment to skill development. Sessions will focus on advanced techniques, game strategy,

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teamwork, and competitive play, providing athletes with opportunities to challenge themselves and grow as players.

Minor Games – Boersma / Sodaro

Come on and play some fun games with other KLO students who want a morning of activities: Floor Hockey, 4 corner soccer, Handball, Dodgeball, and other Minor Games in the KLO gym. This will be a full morning session of fun and active games.

Model UN Global Challenge – Grace

What would you do if you represented a country at the United Nations? In this course, you'll become a delegate and tackle a real-world problem with other students. Research your country, make your case, negotiate with other teams and see if you can agree on a plan. Expect lively discussions, surprising compromises and a chance to make your voice heard. No experience needed.

Novel Idea & Beyond the Book – Sproson / Erickson

Love to Read? Love art? This club is for you! Join a fun-filled and relaxing book club where you can indulge in one of your favorite pass times. This is a space where you have the time to consolidate your thoughts, creativity and imagination. In this club you will get to bring and read your favorite books and book series. We will be sharing our favourite books with each other through group discussion and then seeing where your creativity and imagination takes you! Reading and creating. What a novel idea.

Love stories? Love creating? Beyond the Book is a space where students can explore what happens when we take a story and imagine it in a completely different way. Rather than simply reading and discussing books, students will experiment with different ways of bringing stories to life. Throughout the program, students will explore short stories, novels, graphic novels, and other forms of storytelling before transforming them through art, music, drama, writing, photography, podcasting, and other creative forms.

Students might redesign a book cover, create a soundtrack for a character, turn a scene into a comic, rewrite an ending, perform a scene, create a podcast, or reimagine a story from another character's perspective. As the program progresses, students will have increasing choice in how they respond to stories and will eventually create their own unique story transformation to share with others. Read it. Imagine it. Change it. Make it yours.

Outdoor Odyssey: Outwit, Outplay, Outlast: \$60 bussing fee – Green / Miller

Welcome to the new and improved Outdoor Odyssey, this time with a spin! This 10-week survival challenge drops you into a tribe where you'll learn real wilderness skills like knot-tying, fire building, navigation, and team strategy — all inspired by the adventure and competition of Survivor. Compete in epic weekly challenges, earn immunity and hidden advantages, and battle for the title of Ultimate Survivor — no one gets voted off, but everyone has to Outwit, Outplay, and Outlast.

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Podcasting and Multi-Media Storytelling: \$40 supply fee - Wrauley

Everyone has a story worth telling. This course is where you find yours and learn how to make people want to listen.

Over 10 weeks, you'll start recording using different equipment, learn the tricks behind great storytelling, and produce and publish your very own podcast episode (or other multimedia piece). Interview a friend, invent a fictional series, share something you're passionate about, or just see how your voice sounds with a good microphone. You'll mix in music and sound effects, learn to edit like a producer, and finish with something you can be proud of and share with the world.

No experience needed, just curiosity and a willingness to try. You'll build confidence, creativity, and communication skills along the way, and leave with a finished project that's entirely yours.

Ready to hit record?

SWIM, SPLASH, & STRIKE!: \$100 bussing/facility fee – Charest / Shannon / Szalay & Blatchford / Maundrell / Dupre (Swimming & Bowling)

Do you want to leave KLO on Discovery Days to join us for the ultimate swimming & bowling duo adventure? You'll spend half of your sessions at the H2O Centre, where you'll test your speed, balance, diving, endurance, surfing, and swimming skills through a variety of exciting activities and water sports. Then it's time to hit the lanes at McCurdy Bowling! Spend your remaining sessions bowling with friends while working on your coordination, balance, leadership, and motor skills. Who will get the highest score? Who can master the perfect strike?

10 sessions. 2 awesome activities. Tons of fun. And the best part? The entire program is only \$100, which includes both admission and bussing fees for 10 sessions. So, make your Discovery Days count! Strike up some fun and make a splash with your crew!

Take a Hike: \$60 bussing fee – McLaughlin

Trade the classroom for the trail! Each week, we'll hop on a bus from KLO and explore a different Okanagan hike, from gentle lakeside strolls to summit views over Kelowna. Along the way, we'll discover new landscapes, spot local wildlife, and enjoy fresh air with friends.

Every hike offers options for different fitness levels and experience, so all students are welcome. No experience needed, just a sense of adventure and a willingness to try something new!